|  | Nuts | Peanuts | Eggs | Milk | Fish | Crustacea | Molluscs | Cereals containing glutin | Celery | Lupin | Mustard | Sesame seeds | Soya | Sulphur dioxide | Date checked and who by | Date checked and who by |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  | Prawns, Crab, Lobster, etc | e.g. - clams mussels, whelks, oysters, snails and squid | Wheat, Rye, Barley, Spelt, Oats, Kamut |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable Goulash |  |  |  | $\checkmark$ |  |  |  | $\checkmark$ |  |  |  |  |  |  | 01/12/15 <br> $\checkmark$ Jackson |  |
| Vegetable Lasagne | $\checkmark$ |  |  | $\checkmark$ |  |  |  | V |  |  |  |  |  |  | 01/12/15 <br> $\checkmark$ Jackson |  |
| Vegetable Moussaka | V |  |  | V |  |  |  | V |  |  |  |  |  |  | $\begin{gathered} \hline 01 / 12 / 15 \\ \text { V Jackson } \end{gathered}$ |  |
| Vegetable Risotto |  |  |  | V |  |  |  | $\checkmark$ |  |  |  |  |  |  | 01/12/15 <br> $\checkmark$ Jackson |  |
| Vegetarian Bolognaise |  |  | V |  |  |  |  | V |  |  |  |  |  |  | 01/12/15 <br> $\checkmark$ Jackson |  |
| Vegetable Cottage Pie |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  | $\begin{gathered} \hline 01 / 12 / 15 \\ \text { V Jackson } \end{gathered}$ |  |
| Vegetarian Medley |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  | $\begin{gathered} 01 / 12 / 15 \\ \text { V Jackson } \\ \hline \end{gathered}$ |  |
| Vegetarian Sausage in Gravy |  |  | V | $\checkmark$ |  |  |  | V |  |  |  |  | V |  | $\begin{aligned} & 01 / 12 / 15 \\ & \text { V Jackson } \\ & \hline \end{aligned}$ |  |
| Veggie Burger | $\checkmark$ |  | $\checkmark$ | $V$ |  |  |  | V |  |  | V |  |  |  | 01/12/15 <br> V Jackson |  |
| Action | Check an | nually that the |  | ot change recipes. | to char | in products or | amended |  |  |  |  |  |  |  |  |  |

