

## Maths Activities

### Numbers and counting:

- Count forwards and backwards from 0 to 30.
- Say the number that is one more or one less than a number to 30.

Count forwards and backwards on a number line or on a 100's square. When you can do this, learn to say the number that is **one more and one less**. Think of a number up to 30 and write one more than your number. Then write one less than your number. Try to do it without looking at your number line. Draw a table like this and write your one more and one less.

One Less	My Number	One more
8	9	10
20	21	22

**Challenge:** Write a number that is one more or one less than a number to 50?

**Super Challenge:** Can you write one more or one less than a number to 100?

### Addition and subtraction: +, -, =

Use these number cards. Write out addition and subtraction equations and answer them.

7	10	3	20	9	5	15	11	18	13
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How many can you write?

- Write all the number pairs that make 10.  
E.g.  $1 + 9 = 10$   
 $0 + 10 = 10$

**Challenge:** Can you write number pairs that make 20? E.g.  $11 + 9 = 20$

## Phonics Activities:

Go to [www.phonicsplay.co.uk](http://www.phonicsplay.co.uk)

Username: **march20**

Password: **home**

You can watch a daily phonics lesson at 10:30 every morning. There is a link on the Year One home learning page. If you click on this link, you can also watch the previous phonics lessons.

Play the game Flash cards speed trial - pick a phase and see how many sounds you can read in two minutes.

Play Train your Brain to read the tricky words.

**Challenge:** Reading Robot. Take a quick test on number words, colour words, Maths words, Dates words or phase 2, 3, 4, 5 words. You could do one activity a day.

## Spelling Activities

Learn to spell these words:

so  
said  
like  
were  
have

**Challenge:**  
friend  
people  
school  
where

Write the word, then cover it up and write it again to see if you can spell it without looking!

You could learn one a day.

## Reading Activities

Read lots of stories!

If you do not have many books at home, you can find many wonderful stories on YouTube. Here are a few you can search for on YouTube:

- Handa's Surprise** by Eileen Brown.



- Aliens Love Underpants** by Charlie Freedman & Ben Craft



- The Koala Who Could** by Rachel Bright



- Toys in Space** by Mini Grey



- From Head to Toe** by Eric Carle



After answer some of these questions:

- What happened in the story?
- What was your favourite part of the story and why?
- Who are the main characters?
- Who was your favourite character? Why do you like this character?

## Writing Activities

### Handwriting:

Practise writing your first and second name in your best handwriting.

Practise writing the 'Spelling words' in your best handwriting. (See spelling activity)

Remember **b, d, h, k, l and t** are **tall** letters.  
Remember **f, g, j, p, q and y** are letters that go **under the line**.

### Sentences:

Practise writing sentences at home. Remember EVERY sentence must have a **capital letter** at the start and a **full stop** at the end.

**Challenge:** Can you use **and, because** in your sentences?

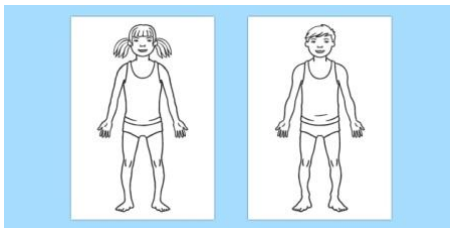
### Ideas for writing sentence:

- What is your best food for breakfast? Useful words: toast, cereal, porridge, croissant, sausage, egg, fruit.
- If you could have one super power, what it would be and why?
- Who is your favourite teacher and why?
- What do you do to stay healthy? Useful words: Exercise, wash, water, vegetables, fruit, 8 -10 hours' sleep, healthy food.

## Topic Activities

### My Body

Draw a picture of your body and label the body parts. **Useful words:** head, nose, eye, ear, mouth, arm, leg, foot, hand, knee, fingers. **Challenge:** Can you label anymore body parts?



### Body parts challenge!

We do different activities with our body parts E.g. we smell with our nose. We hear with our ears. Choose 4 body parts and write what jobs you do with them.

### Be Creative!

Create an alien from 'Aliens Love Underpants'. You could draw it, colour it, paint it, make a collage of it, make a model of it or draw it with chalk in your garden.

### Be active!

<https://www.youtube.com/watch?v=h4eueDYPTlg>

- ♦ Click on the link and sing 'Head, shoulder, knees and toes song'.  
<https://www.youtube.com/watch?v=BwHMMZQGFoM>
- ♦ Listen to the 'Parts of the body' song and move your body. Have Fun!
- ♦ Daily exercise: <https://www.youtube.com/watch?v=Qgq8nZqYNmE>

### Looking after my body

What do we need to do to stay healthy? Watch this 'How to stay healthy' video. Then make a poster to tell someone how to stay healthy.

<https://www.youtube.com/watch?v=l7sHQUSp7G>

## Useful Links:

<p>Maths</p> <p><a href="https://www.youtube.com/watch?v=Du6JHupzwVo">https://www.youtube.com/watch?v=Du6JHupzwVo</a></p> <p><a href="https://www.youtube.com/watch?v=D3b-kcK3Eg8">https://www.youtube.com/watch?v=D3b-kcK3Eg8</a></p> <p><a href="https://www.youtube.com/watch?v=ch7Kzl3n2Zk">https://www.youtube.com/watch?v=ch7Kzl3n2Zk</a></p> <p><a href="https://www.youtube.com/watch?v=YtNskltyA0E">https://www.youtube.com/watch?v=YtNskltyA0E</a></p>	<p>Phonics</p> <p><b>phonicsplay.co.uk</b></p>	<p>Topic</p> <p><a href="https://www.youtube.com/watch?v=l7sHQUSp7G">https://www.youtube.com/watch?v=l7sHQUSp7G</a></p> <p><a href="https://www.youtube.com/watch?v=h4eueDYPTlg">https://www.youtube.com/watch?v=h4eueDYPTlg</a></p> <p><a href="https://www.youtube.com/watch?v=Qgq8nZqYNmE">https://www.youtube.com/watch?v=Qgq8nZqYNmE</a></p> <p><a href="https://www.youtube.com/watch?v=BwHMMZQGfoM">https://www.youtube.com/watch?v=BwHMMZQGfoM</a></p>
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